



INTENT

Ask

At Morley Meadow, we aim to provide a PE curriculum that enables pupils to:

- enjoy and experience a range of activities that help them to develop their health, fitness and wellbeing
- inspire ALL pupils to succeed and excel in competitive sport and other physically-demanding activities
- provide opportunities for pupils to become physically confident in a way which supports their health and fitness
- provide opportunities to compete in sport and other activities that build character and help to embed values such as fairness and respect.
- to participate in physical activity which takes account of individual interests and needs.

The National Curriculum will provide a structure for the PE curriculum being taught throughout the school, which is linked, where possible to the theme topics to provide a creative scheme of work, which reflects a balanced programme of study. It will ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

IMPLEMENTATION


Aspire

Teachers create a positive attitude to PE learning and reinforce the importance of maintaining health, fitness and wellbeing. Our whole school approach to the teaching and learning of PE involves the following;

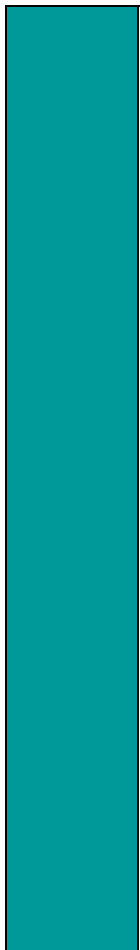





- The PE curriculum is taught through the PE Passport scheme, which is in line with the National Curriculum. This is used to aid teaching staff in their subject knowledge. Teachers are able to adjust and change lessons to suit the needs of their classes but the scheme provides a strong basis of what is expected. Each class has access to 2 hours of high quality PE lessons every week. These are either taught by the class teacher or by visiting specialists who help to further develop the skills of both the children and teacher.
- Children are given the opportunity to practise skills in a variety of ways and each lesson builds upon the previous skills, allowing them time to embed it. Different skills are recapped throughout and across the years, each time they are being built upon; allowing children to know more and remember more.
- Year 4 take part in a term block of swimming lessons. This is repeated in year 5 if necessary to give children the best opportunity to meet the swimming requirements for the end of year 6.
- We offer a wide range of sporting after school clubs run by staff and outside agencies including Argyle and Premier Sports. These clubs provide children with access to a wide range of sporting activities. The clubs are changed once a half term and cater to a range of abilities.

A range of inter and intra events run throughout the school year, giving children opportunities to take part in competitive sports.

YF	Y1	Y2	Y3	Y4	Y5	Y6
Good control, balance and co-ordination in large	Demonstrate changes of direction, level and	Demonstrate changes of direction, level and	Demonstrate changes in direction, speed	Change running style according to distance with the	Utilise new skills in competitive situations as an	Utilise new skills in competitive situations as an

	<p>and small movements</p> <p>Moving confidently in a range of ways and safely negotiating space</p>	<p>speed, display development in fundamentals of movement (jog, sprint, jump, hop, weight on hands, balance and co-ordination)</p> <p>Sequencing 3 part movements, working co-operatively</p>	<p>speed during performances in a competitive environment, display competence in fundamentals of movement (jog, sprint, jump, hop, weight on hands, balance and co-ordination)</p> <p>Perform repeat sequences of movements</p>	<p>and level in competitive environments, consistently competent in fundamentals of movement (jog, sprint, jump, hop, weight on hands, balance and co-ordination), move in a fluent and expressive manner</p> <p>Perform longer sequences with clear shapes and controlled movement, plan, perform and repeat sequences in a group</p>	<p>intention of beating personal bests, utilise change of direction, speed and level</p> <p>Create movements that convey clear stimulus refining these movements in a sequence, plan, perform and repeat sequences of movements, experimenting with ways of travelling and complex movements</p>	<p>individual and part of a team, utilise knowledge of technique to perform at optimum level in different types of throw, run and jump</p> <p>Compose creative and imaginative dance sequences with a clear stimulus, performing expressively and precisely, create complex and well executed sequences containing a variety of gymnastics components</p>	<p>individual and part of a team, utilise knowledge of technique to perform at optimum level in different types of throw, run and jump, sprints, middle distance and hurdles</p> <p>Compose creative and imaginative dance sequences with a clear stimulus, performing expressively, complex, demanding and well executed sequences containing a variety of gymnastics components</p>
	<p>Catching, kicking, jumping and throwing</p>	<p>Throw and catch with a degree of competency</p>	<p>Throw and catch with competency in isolation and varied environments</p>	<p>Throw and catch with accuracy in isolation and varied environments</p>	<p>Can adapt throwing technique to ensure success in a variety of activities e.g. distance, accuracy and control</p>	<p>Field, defend and attack tactically anticipating direction of play</p>	<p>Field, defend and attack tactically anticipating and reacting direction of play</p>
	<p>Work co-operatively and taking turns, follow simple rules</p>	<p>Introduce competition, fair play and working well with others</p>	<p>Employ simple tactics in varied environments and display respect and working well with others</p>	<p>Employ simple tactics in competitive environments and display respect and working well with others</p>	<p>Display an understanding of fair play, working well with others and leading small groups, select and utilise appropriate</p>	<p>Display an understanding of fair play, working well with others leading a medium group</p>	<p>Display an understanding of fair play, working well with others leading a large group</p>



	 <p>Aware of why exercise and a healthy diet is important for good</p>	<p>Showing awareness of how the body changes during exercise e.g. heart rate, changes in breathing</p> 	<p>Show awareness of how the body functions during exercise</p> 	<p>Demonstrate a clear understanding of how the body changes/ functions during exercise, explain the importance of why we need to warm up and cool down</p>	<p>tactics and techniques to cause problems for opponents</p> <p>Demonstrate a developed understanding of how the body functions, describe how and why my body feels during and after exercise</p> 	 <p>Uses knowledge of the relationship between the body and exercise to improve various fitness components, explaining how long I should exercise to stay fit and healthy</p>	<p>Uses knowledge of the relationship between the body and exercise to improve all fitness components, understand ways to judge performance and identify areas of development</p> <p>Across KS2, by the end of Year 6, all children should be able to swim 25 metres unaided in a range of strokes and perform a self-rescue</p>
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Achieve	<p style="text-align: center;">IMPACT</p> <p>Teacher's assessment in PE takes place through observation during lessons and follows the PE passport assessment scheme. We are working towards assessment being carried out at the end of each unit. Class teachers make an annual effort and achievement assessment at the end of the school year as part of each child's annual school report. This information is also passed on to the child's next teacher. The subject leader ensures that the PE curriculum is delivered throughout the school through monitoring, learning walks, lesson observations and discussion with staff and pupils. PE is taught as a basis for lifelong learning, where the children have access to a wide range of activities in the belief that if taught well and the children are allowed to succeed, then they will continue to have a physically active life. A high-quality physical education curriculum inspires all children to succeed and excel in competitive sport and other physically-demanding activities. At Morley Meadow, we provide opportunities for children to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.</p>
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